

<b>PRESTON COUNTY BOARD OF EDUCATION</b>	<b>Last Reviewed: 6-28-10</b>
<b>FILE: 13 – WELLNESS POLICY</b>	<b>Next Review: 7-01-12</b>
<b>File: 13-7 Monitoring and Policy Review</b>	

The Superintendent or designee will ensure compliance with established county nutrition and physical activity wellness policies. The principal in each school or a designee appointed by the principal shall ensure compliance with the local wellness policy in his/her school and will collect data and report on the school's compliance to the school superintendent or designee.

**Samples of Documentation**

- ❖ Lesson plans
- ❖ Synopsis of activities such as school sponsored walk-a-thons with date, number of participants, and sponsors signature
- ❖ Field Trips
- ❖ Pictures
- ❖ Newspaper articles
- ❖ Etc.

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Adopted: September, 2006  
Amended/Revised: